

ASSESSMENT TOOL

DRUGS

Competency	AHCSHG203A	Shear Sheep to Novice Level
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Trainee Name		Date:	
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Below is a list of statements about smoking, alcohol and a variety of social drugs. Some of them are fact and some are just myth. Decide which is which and write TRUE or FALSE in the column provided.

STATEMENT	TRUE OR FALSE
1. It is safe to binge drink as long as you do not exceed the recommended number of standard drinks in any one week.	
2. Uppers (Speed / Whiz) give you a real high but make your jaw clench and teeth grind.	
3. You can overdose on Panadol.	
4. If a drug is prescribed by a doctor it can't cause any harm.	
5. Long term use of sleeping pills can lead to loss of interest in sex.	
6. More than 50 people die every day in Australia from a tobacco-related illness.	
7. Ecstasy won't cause long term impacts on health.	
8. Drinking coffee will sober people up.	
9. A person who smokes marijuana may become anxious and paranoid.	
10. Sniffing petrol, paint or thinners may lead to brain damage.	
11. Drinking coffee causes you to urinate more.	
12. Young people don't use LSD (Acid/Trips) any more.	
13. Smoking cannabis is not as harmful as smoking tobacco.	
14. Steroids cause men's testicles to shrink and their hair to fall out.	

STATEMENT	TRUE OR FALSE
1. It is safe to binge drink as long as you do not exceed the recommended number of standard drinks in any one week.	False
2. Uppers (Speed / Whiz) give you a real high but make your jaw clench and teeth grind.	True
3. You can overdose on Panadol.	True
4. If a drug is prescribed by a doctor it can't cause any harm.	False
5. Long term use of sleeping pills can lead to loss of interest in sex.	True
6. More than 50 people die every day in Australia from a tobacco-related illness.	True
7. Ecstasy won't cause long term impacts on health.	False
8. Drinking coffee will sober people up.	False
9. A person who smokes marijuana may become anxious and paranoid.	True
10. Sniffing petrol, paint or thinners may lead to brain damage.	True
11. Drinking coffee causes you to urinate more.	True
12. Young people don't use LSD (Acid/Trips) any more.	False
13. Smoking cannabis is not as harmful as smoking tobacco.	False
14. Steroids cause men's testicles to shrink and their hair to fall out.	True